

Chia Seed

Whole Chia Seeds for Horses and Dogs

- Essential Fatty Acids – Omega-3 and 6
- Dietary Fibre for digestive system support
- Natural Antioxidants, vitamins and minerals
- May support gut mobility



What are Chia Seeds?

Chia Seeds are derived from *Salvia hispanica*, a member of the mint family. They are approximately 1 millimeter in length and black or white in colour. Nutritionally both are very similar. This super food is nutrient dense supplying fibre (42%), vitamins, minerals, and are high in essential fatty acids omega-3 and omega-6 at a high favourable ratio of 3:1. It is a source of cool calories with digestible energy.

It contains mucilage, a water-soluble fibre, that holds up to 27 times its own weight in water. When water is added the seeds become coated in a gel. This gel adds bulk to the hindgut which may help prevent sand colic. The mucilage along with quercetin, a biologically active flavonoid, help protect and heal the mucosal lining throughout the stomach and gastrointestinal tract.

Other nutraceutical benefits Chia seeds provide include weight management, joint and muscle support from the omega-3, skin and allergy support, and a healthy immune response due to the high omega-3 ALA content.

The high soluble fibre content slows the absorption of glucose helping modulate insulin spikes and other metabolic conditions making it safe for all horses. Hooves and hair benefit from the high-quality protein.

Ingredients:

100% Chia Seeds

Available sizes:

2kg / 10kg

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FEEDS FOR THE NATURAL ADVANTAGE™

Feeding Directions

Horses

Introduce slowly into diet over two weeks.
Add to feed, split into two feeds where possible.

1 scoop = 60g	Scoops/day	g/day
Horses with access to pasture	1	60
Stabled/yarded horses or no access to pasture	2	120

Based on a 500kg horse
Can be fed wet or dry.
Can be ground to increase digestibility.
Safe for horses or ponies with metabolic issues

Dogs

Soak seeds for 30 minutes to 2 hours prior to feeding
Add to feed
Feed ¼ teaspoon per 5kg bodyweight

Suggested Product Combinations:

VitaStance - High quality vitamin, mineral and amino acid mix to maintain general health of horses of all ages

Turmeric - A combination of turmeric, PowerStance powdered coconut oil, black pepper and resveratrol in a convenient powder form. Natural anti-inflammatory and ideal for horses and dogs with joint issues and skin conditions.

Typical Nutritional Composition:

Digestible energy	0.459-0.495 Mcal per 100 grams
Fat	20 – 34%
Fibre	23 – 41%
Protein	16 – 26%

The 3:1 ratio of omega-3 to 6 in chia seeds is close to the essential fatty acid ratio naturally present in pasture grasses.

Vitamins & Minerals per 100g

Thiamine (B1)	0.6 mg
Riboflavin (B2)	0.2 mg
Niacin (B3)	8.8 mg
Folic acid (B9)	49 mg
Vitamin E	0.5 mg
Vitamin A	0.054 mg
Vitamin C	1.6 mg
Calcium	430 – 806 mg
Phosphorus	530 – 1248 mg
Potassium	407 – 870 mg
Magnesium	322 – 462 mg
Iron	7.7 – 24 mg
Zinc	0.6 – 10 mg
Copper	0.6 – 2.4 mg



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